









“Good morning”

	<u>time frame:</u> 15’
	<u>location:</u> a big room
	<u>participants:</u> 6 – 20
	<u>material:</u> cd player vivid music
	<p><u>procedure:</u> We would like you to walk round in the room while you are listening to the music. When the music stops you are asked to greet the person which is closer to you according to the instruction. Try to choose every time a different person.</p> <p>Say good morning to the person who is closer to you:</p> <ul style="list-style-type: none"> • ...as if he/she was your friend • ...as if it was the baby of your friend • ...as if it was the priest of the church in your neighborhood • ...as if it was a famous pop star • ...as if it was your boss • ...as if it was the Archbishop in the hospital • ...as if it was your boyfriend or girlfriend
	<u>goal / purpose:</u> To energise the team if they are bored or tired
	<u>Questions for discussion:</u> -
	<u>Source:</u> Movement “PROTASI” – Centre of Creative Occupation – Project: “training of volunteers”