









Module: Energizers

## "I have also the same one"

	<u>time frame:</u> 15'
	<u>location:</u> a room
	<u>participants:</u> 6 – 20
	<u>material:</u> -
	<u>procedure:</u> The participants are asked to sit in a circle and think something special that they have or have done e.g. "I have 4 kids", "I have visited Peru", "I have 2 dogs" etc. They tell their thoughts to the group. If somebody else has got the same thing or experience he goes and sits on the knees of the person's who spoke. If there is more than one person, they make a line by sitting one on the knees of the other.
	<u>goal / purpose:</u> Entertainment and relaxation
	<u>Questions for discussion:</u> - Did you try to find something rare you have or something common and why? - What does human touch mean to you
	<u>Source:</u> Movement "PROTASI" – Centre of Creative Occupation – Project: "training of volunteers"