









Mixer & Toaster

	<u>Time:</u> Approx. 15 minutes
	<u>Place:</u> in- or outdoors
	<u>Participants:</u> 10-20 persons
	<u>Material:</u> -
	<u>Procedure:</u> One person stands in the middle. She / he points at one person and says one of the instructions. The person who is pointed at and the two neighbours have to act immediately. If a person acts in wrong manner or too slowly, she / he has to stand in the middle. instructions: "toaster": the person in the middle jumps up and down (bread), the neighbours build a slot around her / him with their arms "mixer": the person in the middle keeps up the arms in bows ; the neighbours turn around themselves "washing machine": the person in the middle leans forward and shakes the head around (washing), the neighbours build a box in front of the person (machine) "snow-white": the person in the middle is snow-white, she/he smiles like a beautiful girl; the seven persons on her/his right side hunker down and build little caps on their heads with their hands (dwarfs)
	<u>Goal / Purpose:</u> <ul style="list-style-type: none">• Warm up• Teamwork
	<u>Questions for discussion:</u> -
	<u>Course:</u> Ajs Seminar for drug prevention teachers