









Module: Management skills; Section: calculation of resources and barriers

Bound eyes

	<u>time frame:</u> ~ 45 min
	<u>location:</u> out- or indoor
	<u>participants:</u> 10 - 20 persons
	<u>material:</u> ropes; scarves for each participant; some obstacles: trees, bush etc.
	<p><u>procedure:</u> The trainer divides the participants into small groups (a group contains 5-10 members) and then designates a starting point ('A') and an arrival point ('B') to each group. The aim of the exercise is that the groups manage to reach B with bounded eyes.</p> <p>Each group has to choose a group leader and the group members range on his/her side. The trainer gives the group time to map the ground. Meanwhile, they develop their tactics. After that they get a rope, that is long enough, and everybody in the group catches it. The trainer binds the participants' eyes and turns the leader several times. After that the leader is put back into his original place. All groups start at the same time. Those group wins the game that reaches 'B' at first. If they get lost during the exercise, the leader has three possibilities:</p> <ol style="list-style-type: none"> 1. The trainer helps to find the way back by clapping his hands 2. The trainer puts the leader to the correct direction 3. The trainer takes the scarf off the leader and he/she could see the correct direction.
	<u>goal / purpose:</u> evaluation process, calculation of resources and barriers, effective planning of process, realisation step by step, keeping motivational balance. While the participants do the exercise, the trainers can observe their abilities.
	<p><u>Questions for discussion:</u></p> <ul style="list-style-type: none"> - How did you feel during the exercise? - How did you choose the leader? - What helped the group to make their way? - What obstacles did you have to reach the goal?
	<u>Source:</u> unknown