









Changing perspective

	<u>Time frame:</u> 45 – 90 min
	<u>Location:</u> in- or outdoors;
	<u>Participants:</u> small group of maximum six participants
	<u>Material:</u> descriptions of special situations; probably some requisites (table, chairs etc.) for making the scene more visible.
	<u>Procedure:</u> role playing: Two participants get a description of a situation e.g. <ul style="list-style-type: none"> - a chef criticises his employee because he always overruns the lunch break - you found a purse and took it home with you; your mothers criticises this - etc. <p>The participants do a role playing and simulate the quarrel; each person shall defence her/his arguments; after some minutes, the roles are changed! The participants have to change the character and the arguments! Further participants can observe the role playing and give comments later on (attention: feedback rules shall be known by the participants!)</p>
	<u>Goal / purpose:</u> The participants learn to take other persons positions. The role playing can be adapted to special topics and settings, e.g. the participants may take the position of a boss of a company who invites candidates for a special job. This could be helpful especially for participants who search a new job and prepare job interviews. A situation that will be exciting could be trained in a secure frame.
	<u>Questions for discussion:</u> <ul style="list-style-type: none"> - Is it difficult to change the role after one identifies with the other position? <p>For training job interviews:</p> <ul style="list-style-type: none"> - What is important for this boss? - What is important from his point of few regarding this job? Do I have to be communicative or confidential? Are the clothes important? The hair?
	<u>Source:</u> According to Jugert, Rehder, Notz & Petermann (2006). <i>Fit for life. Module und Arbeitsblätter zum Training sozialer Kompetenz für Jugendliche</i> . Weinheim: Juventa.