









## Coat of Arms

	<u>time frame:</u> 1 hour
	<u>location:</u> indoor
	<u>participants:</u> 1-12
	<u>material:</u> A4 paper cut into 4 or 5 pieces each page (when they are put together they make a whole page of a puzzle) Some magazines colours handout
	<u>procedure:</u> Each participant designs a coat of arms, which is representative for his personality, his strengths, specifics etc. On the table there are different materials, which they can use for this task.  Afterwards the coats of arms are presented to the other seminar participants. Naturally, everybody is invited to ask questions
	<u>goal / purpose:</u> the participant reflect on his strengths, characteristics and specifics;
	<u>Questions for discussion:</u> - What was important for you to express on the coat of arms? Why? - What were your feelings when presenting the coat of arms to other persons?
	<u>Quelle:</u> According to Project EUROPLE – IPLE, <a href="http://www.iple.de">www.iple.de</a>

**DRAWING YOUR PERSONAL "COAT OF ARMS"**

