









## “Desires, abilities, decisions”

	<u>time frame:</u> ½ hour
	<u>location:</u> a room
	<u>participants:</u> 6 – 20
	<u>material:</u> little papers with a value written on each one of them The values are: Family, Beauty, Social recognition, Freedom, Wisdom, Friendship, Wealth, Self respect, Well being – comfortable life, Education, Equality for all, Internal harmony, Love, Independence, Career, Justice, Peace
	<u>procedure:</u> Each participant gets three little papers with different values As soon as they get the 3 papers they can see them and they can try to exchange theirs with some others they prefer better and they don't have by checking the papers of the others. They have 15 min to do that.
	<u>goal / purpose:</u> To be able to set some priorities and make their decisions
	<u>Questions for discussion:</u> <ul style="list-style-type: none"> <li>- Did you find any difficulty in choosing your values</li> <li>- If there were some values you wanted to get and you couldn't, what did you do?</li> <li>- What do the priorities you set to your values tell you about you</li> <li>- How much these values you selected are also your desires?</li> </ul>
	<u>Source:</u> Movement “PROTASI” – Centre of Creative Occupation – Project: “training of volunteers”