









Alley of Trust

	<p><u>time frame:</u> ~ 15 min</p>
	<p><u>Location:</u> in- and outdoors</p>
	<p><u>participants:</u> at least 10 people</p>
	<p><u>material:</u> -</p>
	<p><u>procedure:</u></p> <p>The participants form an alley with their outstretched arms. The forearms overlap with the forearms of the „counterpart“.</p> <p>One participant starts and runs quickly through the opening up “arm barrier”.</p>
	<p><u>goal / purpose:</u></p> <ul style="list-style-type: none"> • build trust • show reliability • enjoy the feeling of security
	<p><u>Questions for discussion:</u></p> <ul style="list-style-type: none"> - Which activities/ behaviours are perceived as pleasant, which as unpleasant?
	<p><u>Source:</u></p> <p>game pool of PFIFF, Hochschule Fulda</p>